

CAREER TRAINING

PERSONAL SUPPORT ASSISTANT



Course Dates: October 6 - December 5, 2025

To Qualify: Register Online @ www.rtsc.org

Virtual Information Session - Must Attend

Monday, Sept. 15, 2025 1:30 pm (Email invite)

In Person Skills Assessment - Tuesday, Sept. 16, time TBD

In-Person Interviews within the days following the info session



PERSONAL SUPPORT ASSISTANT – 9 WEEK COURSE

Regina Trades & Skills Centre offers a Personal Support Worker course. The program will provide learners with the basic fundamental knowledge and practical skills needed to gain employment in a Seniors Care Facility. Graduates will have training in medication assistance, personal care and grooming, vital sign monitoring, communication, cooking and cleaning standards and understanding cognitive and emotional care. You will learn communication, care and approach. The hands on training combined with the certifications you receive will qualify you for full time employment in private care facilities.

REQUIREMENTS

- Course is open to Canadian Citizens, Permanent Residents and individuals with an Open Work Permit
- English Language Requirement
- Valid Class 5 Driver's License Recommended
- A Criminal Record and Vulnerable Sector Check will be required upon acceptance into the course (own expense).
- For more selection criteria, please visit rtsc.org/why-train-with-us

AREAS OF STUDY

- Course 100% satisfies Ministry of Health requirements Jan 1/2024
- WHMIS/ First Aid and CPR/TLR Training/ FoodSafe
- Employability Skills
- Cooking and Food Preparation Skills
- PART Training• Dementia Awareness
- Perineal Care
- Medication Module
- Catheter Care & Oxygen Therapy
- Work Placement

